

Wrestling

<u>Date</u>	<u>Day</u>	Opponent	<u>Time</u>	Place	Rel.	Lv.
11/5/19	Tuesday	Take Down Tourney	3:45pm	Centennial	2:20	2:30
11/7/19	Thursday	Westwood, Pride Prep	3:45pm	Westwood	2:10	2:20
11/13/19	Wednesday	East Valley, Pride Prep	3:45pm	East Valley	2:15	2:25
11/18/19	Monday	Centennial, Pride Prep	3:45pm	Freeman		
11/26/19	Tuesday	Liberty Mix & Match	3:45pm	Liberty	2:30	2:40
12/4/19	Wednesday	Cheney, Pride Prep	3:45pm	Freeman		
12/9/19	Monday	ALL LEAGUE	3:30pm	East Valley HS	2:05	2:15

Notes:

*Practice Starts: Monday, October 21st

*Picture Day: Wednesday, November 20th

Coaches

Mike Allen & Dustin Reed

^{*}All players must have 8 practices before they may participate in their first game.

^{*}All uniforms will be collected at the end of the last game. Those who are traveling to an away game will need to bring a change of clothes.

^{*}Directions to Schools on Back Side*

Directions to Schools

Centennial Middle School 915 N. Ella Rd. Spokane Valley, WA

- Start at school and go to WA-27. Turn left.
- Turn left onto E. Dishman-Mica Rd.
- Follow through to E. Broadway Ave.
- Turn left on Broadway to Ella.
- Turn right on Ella to Centennial MS.

East Valley Middle School 4920 N. Progress Rd. Spokane Valley, WA

- Start at the school and go to WA-27.
- Turn left and go to 32nd Ave.
- Turn right and go to Sullivan Rd.
- Turn left and follow Sullivan Rd. to Wellesley Ave.
- Turn left and go to Progress Rd.
- East Valley MS is on the right.

Westwood Middle School 6120 S. Abbott Rd. Spokane, WA

- Start at the school and go to WA-27. Turn left.
- Drive to I-90.
- Merge onto I-90 West.
- Take Exit 276 toward Geiger Field/State Patrol.
- Keep left at the fork to go on S. Grove Rd
- Turn left onto W. Hallett Rd.
- Take the first left onto S. Abbott Rd. and Westwood MS is on the left.

Cheney Middle School 2716 N. 6th St. Cheney, WA

- Start at FMS and go to WA-27. Turn left.
- Drive to I-90.
- Merge onto I-90 Est.
- Take Exit 270, Cheney/Four Lakes.
- Stay straight on WA-904.
- Turn right on Betz Rd.
- Cheney MS is on the left.